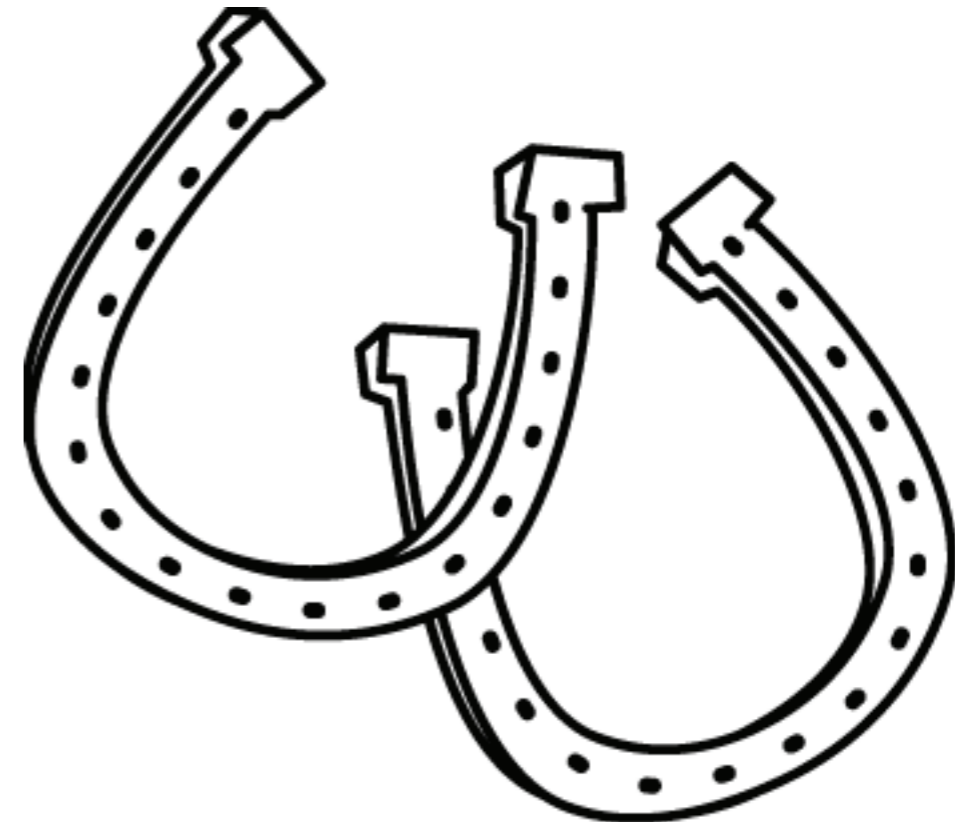


**Personal Achievement Card: Silver Award 1**

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
exercises at walk without stirrups						
ride accurate transitions						
be able to canter to rear of a ride						
ride small course of poles in trot						
ride small course of cross poles in trot						
know sequence of legs in canter						
be able to lead a drill ride						
recognise dangers to ponies from traffic						
know it is safer on the road with an adult						
know how to signal right/left on the road						
know which side of road to ride on						
know simple green cross code						
know how to cross a road						
know how to say 'thank you' to slow cars						
know how to ride on road with a friend						
know sequence of traffic lights						
know what may frighten a pony						
know what may cause pony to slip on road						
know items of grooming kit & use them						
lead pony in-hand in walk/trot & turn						
recognise leg & face & body markings						
name all the native ponies						
know how to clean saddle & bridle						
basic saddle fitting						
recognise basic feedstuffs, hay, mix etc						
know how to feed hay in field with lots of ponies						
recognise some poisonous plants						
recognise stable, sweat & turn out rugs						

Cumberland Foxhounds Branch of the Pony Club

Personal Achievement Card  
Progressive Test  
Silver Levels 3, 2 1



Name:..... Start Date:.....

**Personal Achievement Card: Silver Award 3**

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
mount/dismount from the ground unaided						
correct position in the saddle						
lengthen/shorten stirrups whilst mounted						
adjust girth while mounted						
make transitions at markers						
change the rein in rising trot						
change diagonal as necessary						
ride over course of poles in walk						
know sequence of legs in walk						
be able to pass ride safely in walk						
know it is safer on the road with an adult						
know how to signal right/left on the road						
know which side of road to ride on						
know simple green cross code						
know how to cross a road						
know how to say 'thank you' to slow cars						
know how to ride on road with a friend						
know how to brush with a dandy brush						
be able to pick up the pony's feet						
be able to lead a pony in a bridle						
be able to make pony stand still in-hand						
be able to tighten a girth with assistance						
name parts of bridle & saddle						
be able to feed apple/carrot correctly						
know the needs of a pony in summer						
know the needs of a pony in winter						
know why a pony needs shelter in the field						
know why pony needs water & forage in the field						

**Personal Achievement Card: Silver Award 2**

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
mount/dismount from the ground unaided from either side						
be able to ride sitting trot						
change rein/ride circles in sitting trot						
ride in walk/trot in poised position over poles						
ride over poles on ground in trot						
know sequence of legs in trot						
be able to ride as leading file						
know it is safer on the road with an adult						
know how to signal right/left on the road						
know which side of road to ride on						
know simple green cross code						
know how to cross a road						
know how to say 'thank you' to slow cars						
know how to ride on road with a friend						
know sequence of traffic lights						
how to use a body brush on face/mane/tail						
be able to pick out feet						
recognise face markings						
name some breeds of native ponies						
be able to adjust stirrups at halt						
be able to put saddle on ground correctly						
name types of food ponies eat						
know difference between good/bad fences						
know how to provide water in field						