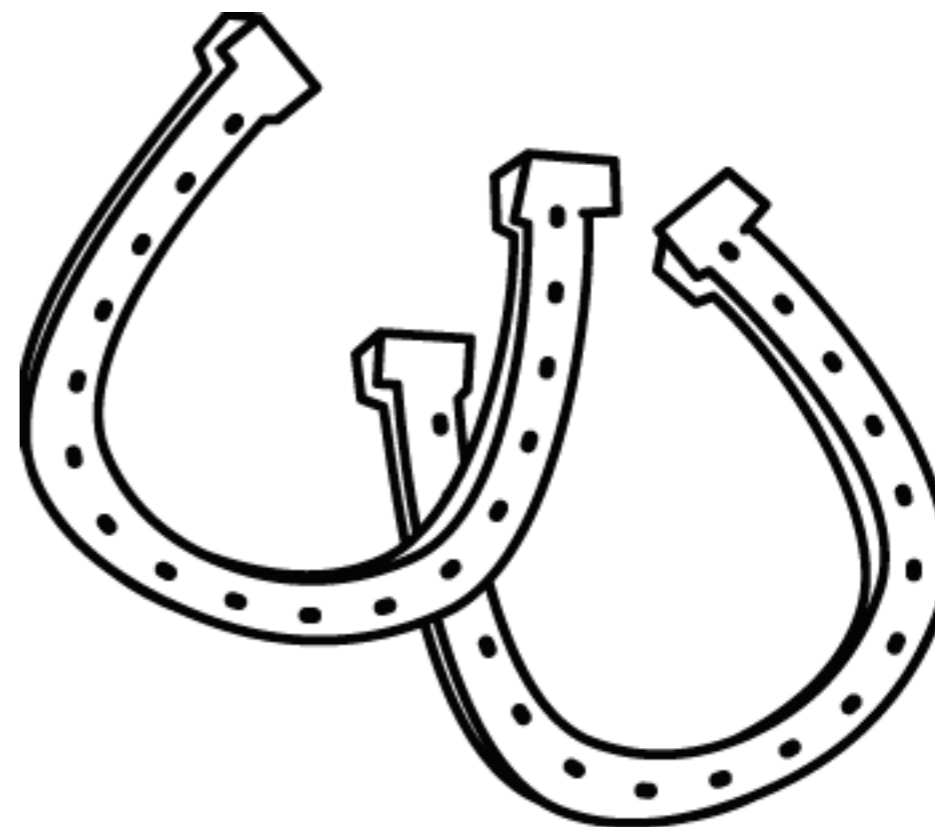


Cumberland Foxhounds Branch of the Pony Club

Personal Achievement Card

Progressive Test

Platinum Level 1



Name:..... Start Date:.....

Personal Achievement Card: Platinum Award 1

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
mount from a ground either side						
be in balance & effective at all paces						
be able to change diagonals in balance						
know why diagonals should be changed						
explain aids for turns & circles						
perform turn on forehand in either direction						
know how horse should move legs in turn on the forehand						
know sequence of footfalls canter/gallop						
ride simple change of leg through trot						
be able to jump up/down hill						
be able to jump doubles & know correct distances						
know names & actions of parts of a double bridle						
know how to ride a road junction						
know how to ride round a roundabout						
know what to wear when riding & leading on the road						
know what to do in the event of a road accident						
know how to care for a gras kept pony after hunting/a competition						
understand importance of daily routine						
have knowledge of different daily routines, inc combined system						
be able to recognise different feeds & forages						
know difference between compounds & straights						
know how to thoroughly groom & wisp/bang						
knowledge of putting blanket under stable rug						
be able to fit exercise sheet/rain sheet						
know whether a rug fits correctly						
be able to put on a stable bandage						
know sensitive structures of foot						
know how the farrier puts a shoe on a foot						

Personal Achievement Card: Platinum Award 1 Cont.

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
be able to describe hunter shoe						
know how to check saddle fits						
recognise when a pony is lame						
know contents of veterinary kit & its uses						
know how to care for a sick horse						
know how to apply hot/cold fomentations & apply a poultice						