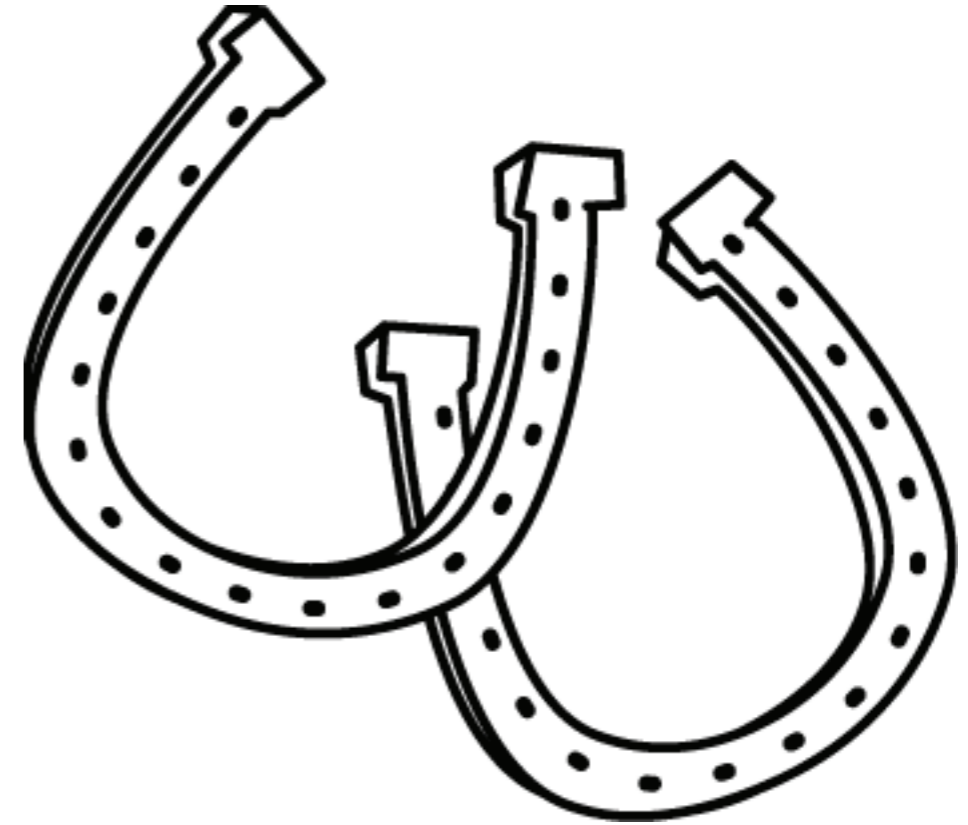


**Personal Achievement Card: Gold Award 1**

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
be able to hold reins in one hand						
exercises in trot without stirrups						
be able to ride in all paces in open space						
position at gallop						
mounted games						
know how to ride across farmland						
know how to overtake stationary vehicle						
know how to ride roundabouts						
know road signs & police signals						
know how to pass hazards						
be able to muck out a loose box & set fair						
care for a pony working off grass						
how to wash down a hot pony						
know rules of watering						
know rules of feeding						
know when t give thorough grooming						
describe parts of foot that can be seen						
know when a pony is off-colour						
know symptoms of colic, colds & flu						
know how to protect against tetanus & flu						
be able to put on a stable bandage						
lead pony in/out of horse box/trailer						

Cumberland Foxhounds Branch of the Pony Club

Personal Achievement Card  
 Progressive Test  
 Gold Levels 3, 2 1



Name:..... Start Date:.....

**Personal Achievement Card: Gold Award 3**

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
mounted exercises in walk & trot						
be able to walk, trot & canter in open space						
jump small grids						
ride small course of jumps						
simple mounted games						
know how to ride on road						
name reflective clothing for riders						
know how to pass other riders						
know how to ride corners on the road						
know how to turn left/right on road						
know how to check field before turning out						
recognize good fencing						
know how to provide water in field						
know signs of good health						
know what to feed grass kept ponies						
know how to groom grass kept pony						
know reasons for shoeing						
recognize some farrier tools						
know what a lame pony moves like						
know what protection pony needs for travel						
put on/take off a stable rug						

**Personal Achievement Card: Gold Award 2**

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
correct position walk/trot/canter						
correct jumping position						
know about correct canter leads						
course of jumps including a double						
mounted games						
know how to ride in pairs on a hack						
be able to recognise slippery roads						
know how to ride across roads						
know reflective clothing ponies can wear						
name stable tools and how to use them						
describe ideal stable						
be able to skip out loose box						
know how to cool down a hot pony						
know how to measure a pony						
know how much to feed a pony						
know how to groom a stabled pony						
know when a pony needs the farrier						
know what to look for in newly shod foot						
know how to treat small cuts						
know some causes of lameness						
put a tail bandage on						
put on/take off a New Zealand rug						