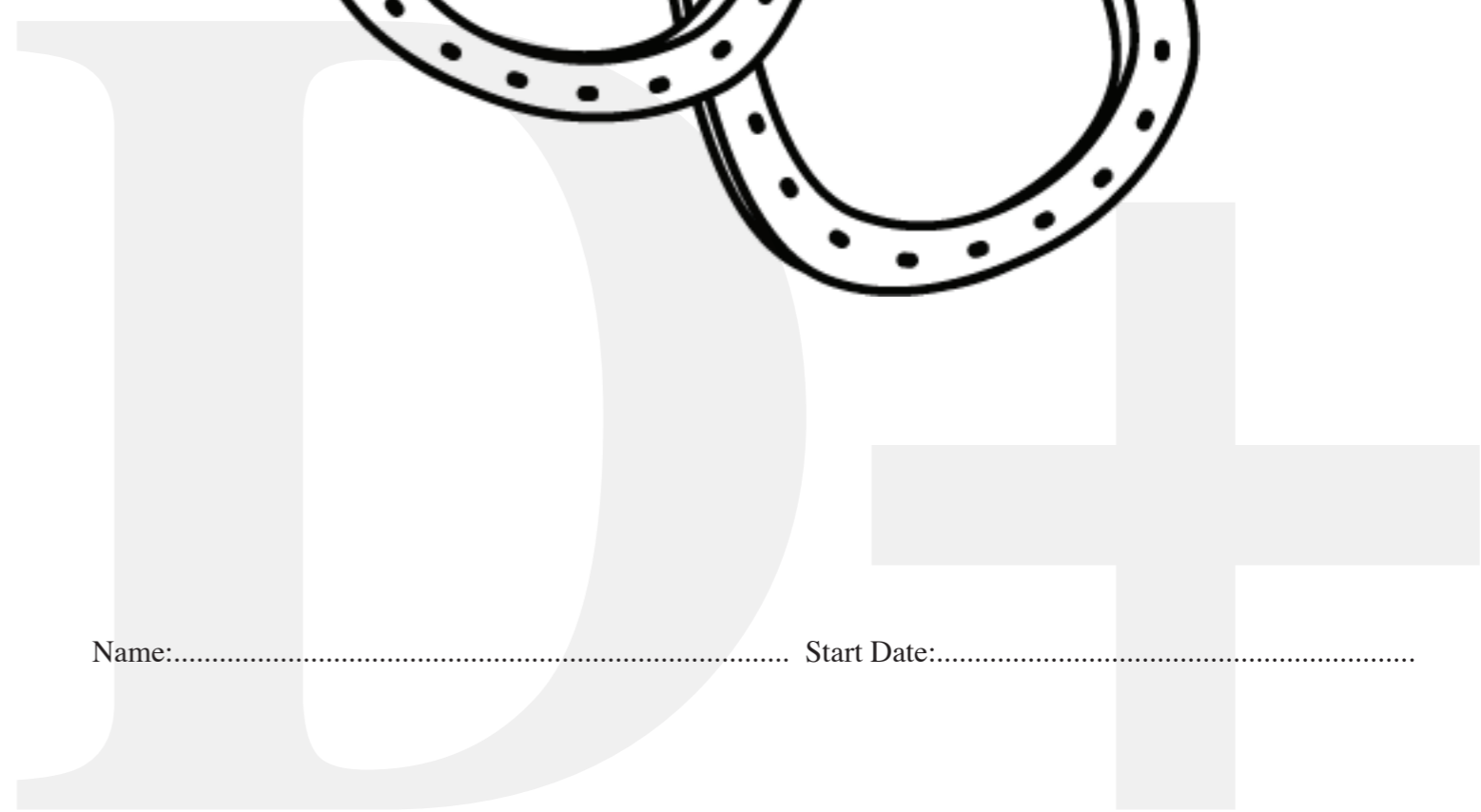
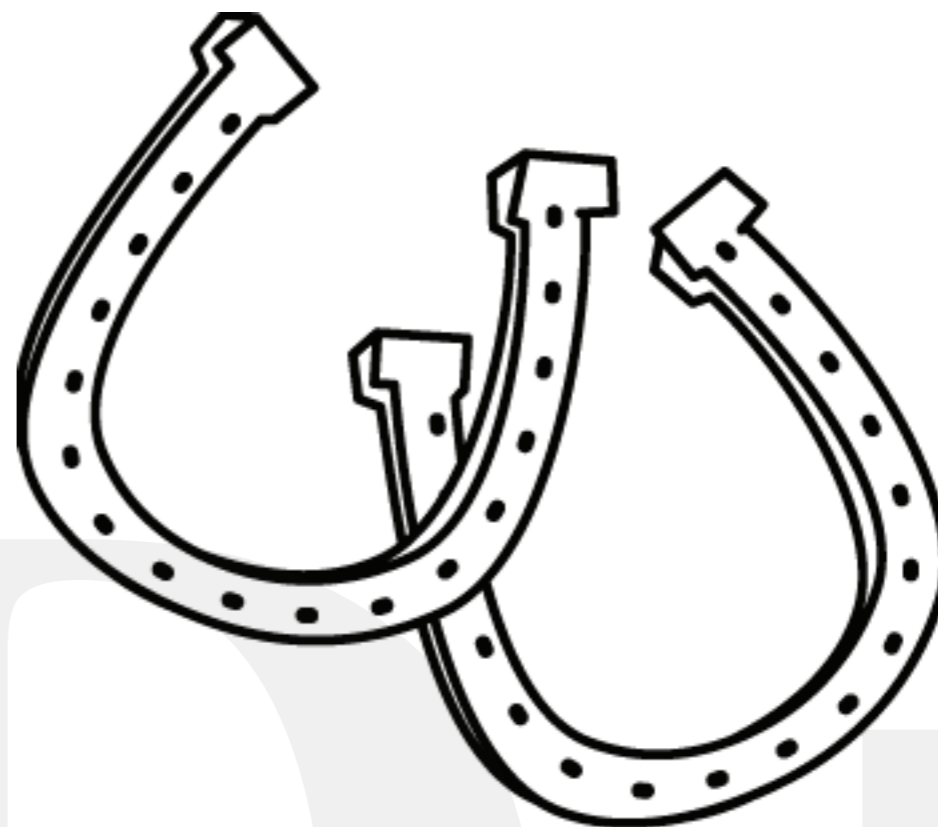


Cumberland Foxhounds Branch of the Pony Club

Personal Achievement Card
Riding & Horse care

'D+' Test Level



Name:..... Start Date:.....

Personal Achievement Card: D+ Test Horse & Pony Care

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
understand the green cross code						
basic signs & signals on the road						
basic road sense						
how to catch a pony & put headcollar on						
how to turn a pony out						
how to lead a pony in walk/trot & turn						
be able to tie a pony up						
be able to feed a pony a carrot or apple						
basic points of the pony						
basic colours of the pony						
basic markings of the pony						
points of bridle & saddle						
care of tack & cleaning						
how to put saddle on & check fit						
how to put bridle on & check fit						
how to un-tack your pony						
food for your pony in the field						
basic knowledge of field fencing						
basic knowledge of water in a field						
basic knowledge of field shelters						
basic knowledge of poisonous plants						
the rules of feeding						
knowledge of hay, good/bad						
how to tie up a haynet						
how much to feed your pony						
reasons for grooming						
grooming kit & how to use it						
how to pick out feet						
how to groom a muddy pony						

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
grooming after exercise						
types of rugs						
fixtures & fittings on rugs						
how to put a rug on/off						
signs of a healthy pony						
signs of a pony in bad health						
understanding what condition is						

Personal Achievement Card: D+ Test Riding

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
know what to check before mounting						
be able to mount						
be able to dismount						
be able to hold reins correctly						
be able to ride carrying a whip in either hand						
be able to lengthen & shorten reins						
be able to change whip into other hand						
have a good basic position in walk						
have a good basic position in trot						
have a good basic position in canter						
know what natural aids are						
know what artificial aids are						
know aids for upward transitions						
know aids for downward transitions						
know basic layout of dressage arena						
be able to ride simple turns & circles						
be able to change the rein						
ride on the correct diagonal						
be able to ride in balance without stirrups						
have basic knowledge of riding on hacks						
correct basic position over poles						
correct position over small jumps						