

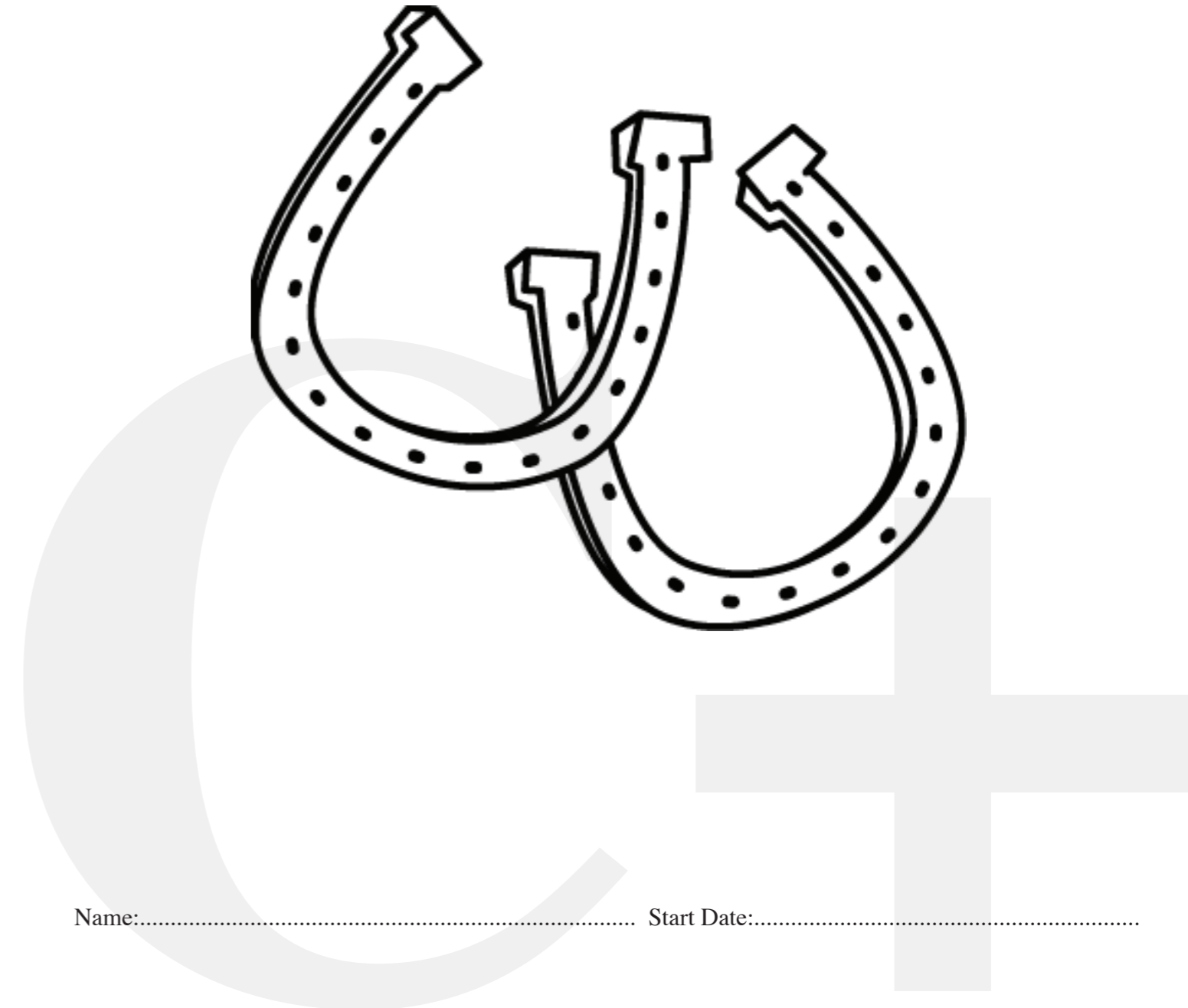
Personal Achievement Card: C+ Test Riding

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
be able to turn out pony & rider correctly						
carry out pre-mounting checks						
mount & dismount from either side						
be able to hold the reins correctly & ride with one hand						
be able to alter stirrups/girth mounted						
turn on the forehand from halt						
good basic position in walk/free walk						
good basic position in rising/sitting trot						
good basic position in canter						
good basic position in gallop						
knowledge & be able to use natural aids correctly						
knowledge of artificial aids & correct use						
knowledge of good/bad transition						
aids for upward transitions						
aids for downward transitions						
knowledge of set up of dressage arena						
knowledge of aids for turns & circles						
knowledge of aids for changing the rein						
knowledge of diagonals						
be able to work without stirrups						
knowledge of riding up/down hills						
good basic jumping position						
position over poles on the ground						
position over a small course						
position & control through grids & doubles						
riding over xc jumps inc. ditches						
sequences of legs at all paces						
know bits and their uses in riding						
square halt and saluting						

Cumberland Foxhounds Branch of the Pony Club

Personal Achievement Card
Riding & Horse care

‘C+’ Test Level



Name:..... Start Date:.....

Personal Achievement Card: C+ Test Horse & Pony Care

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
green cross code & road sense						
how to hack out safely						
how to deal with accidents out hacking						
how to catch a pony & put headcollar on						
how to turn a pony out						
how to lead a pony in walk/trot & turn						
be able to tie a pony up						
be able to feed a pony a carrot or apple						
points of the pony						
colours of ponies						
markings of ponies						
points of bridle & saddle						
care of tack, storage & cleaning						
how to put saddle on/off & check fit						
how to put bridle on/off & check fit						
knowledge of bits & extra tack						
worm management						
knowledge of field fencing						
knowledge of water in a field						
knowledge of field shelters						
knowledge of poisonous plants						
the rules of feeding & their reasons						
knowledge of hay, good/bad grass						
how to tie up a haynet						
detailed diet planning for a pony/horse						
reasons for grooming						
grooming kit & how to use it						
how to pick out feet						
how to groom a muddy pony						

Skill/Knowledge	Date	Signed	Date	Signed	Date	Signed
grooming after exercise						
giving a thorough groom						Signed
types of rugs, how to put a rug on/off						
fixtures & fittings on rugs						
stable bandages, application & uses						
signs of a healthy pony						
signs of a pony in bad health						
understanding what condition is						
horse clothing for travelling (tail bandage)						
loading/unloading for travel						
care of horse during transit						
items in a first aid kit						
types of wounds						
how to control bleeding						
how to clean wounds						
basic treatment of injuries & wounds						
vaccinations						
how to detect lameness						
parts of the foot (internal & external)						
functions of the frog						
reasons for shoeing						
farrier tools and their uses						
recognising good shoeing						
the hunter shoe						